



CAMC Summer Schedule

April 27

Tour de Red Deer Bike Ride

Join us for a 35-45 km afternoon bike ride exploring the multi-use trails in Red Deer. An urban style bike is recommended; helmets are required.

Evening Walk - Heritage Ranch Trail

May 12

A walk around the perimeter of Heritage Ranch. 4.3 km, 77 m elevation.

Cox Hill May 18
13 kms, 780 meters elevation gain
Strong beginner hike
Nice hike in West Bragg to start the season. We will stop for supper, likely at Half Hitch, in Cochrane on the way home.
8 hikers maximum

Prairie Mountain/Wasootch Ridge May 24-25
Prairie Mountain on Sat May 24th (8.4 km, 711m elevation gain). Staying at Hi Kananaskis Hostel on May 24th. Wasootch Ridge on May 25th (13.4 km, 938m elevation gain). Hikes are between the high end of moderate to hard depending on your fitness level. Folks are welcome to come on one or both but Wasootch Ridge hikers must stay at the Hostel on May 24th night. Participants are responsible for booking their own hostel bed.

Prairie View Trail May 31
Explore this 10.8-km out-and-back trail near Kananaskis Improvement, Alberta. Generally considered a moderately challenging route, it takes an average of 3 h 54 min to complete. This is a very popular area for birding and hiking, so you'll likely encounter other people while exploring

Bike to Lacombe's Music in the Park June 4
On Wednesday, June 4th at 4:30 p.m., we will bike the Trans Canada paved trail to Lacombe (10 km) which is rated as a

moderate level. We will listen to Dean Ray who sings country rock, blues and folk music outside in front of the Memorial Center. We will then bike back to Red Deer after the concert. Please bring money for food kiosks (if desired) and a donation for future musicians. Also, bring something to sit on (blanket or folk chair), helmet, water, headlamp and of course a bike.

Evening Walk - Wishart Trail

June 11

Meet at Kerrywood and walk the Wishart Trail around Gaetz Lakes. 4 km, 68 m elevation.

Chaba Trail/Athabasca Crossing Backpack (Jasper) - 1 night
30 km (return) with rolling hills both ways

June 14-15

Great early season strong beginner backpack trip.

Leave Red Deer early Saturday morning. Hike 15 kms into Athabasca Crossing campground for the night, then hike out and drive home on Sunday. If you have never backpacked before, are a strong hiker, and want to try backpacking this could be the trip for you! Do not hesitate to contact coordinator if you have any questions. If more than 8 people sign up priority may be given to new backpackers. National Park passes are required for each vehicle we take.

4 tent pads booked for 8 people so tent sharing will likely be necessary.

Chaba trail: Big Bend and Athabasca Crossing - Jasper National Park

Evening Paddle - Lacombe Lake

June 25

Chill paddle around Lacombe Lake. I'll be on a SUP board but anyone with a paddle is welcome.

Coral Creek Canyon Hike June 29th

This hike is approximately 9km with about 300 meters of elevation. This is an ideal hike for those new to or just getting back into hiking.

Morning Walk - Riverbend Hills Trails July 6

Meet at Riverbend and walk the Riverbend Hills Trails. 5.8 km, 115 m elevation.

Moose Mountain July 7th

14 km, 750 m elevation, rated as moderate, 4 to 6 hour hike. 360 views in the Bragg Creek area, Kananaskis pass is required

Aylmer lookout July 8th

23 km, 1,040 M elevation, rated as hard

If participants want to do both hikes it would be best if participants stayed at the Canmore Downtown hostel the night of July 7. Carpooling will be organized based on participant sign up.

Mt. Lipsett July 18th

Moderate hike with 14.2 km and 698m elevation gain. You can do this as a day hike or combine it with July 19 Guinn's Pass.

Guinn's Pass July 19th

Hard hike with 18.3 km and 980m elevation gain. Can be combined with July 18 Mt. Lipsett hike. Participants must stay at the Hi Kananaskis Hostel on the night of July 18th so they can be with the rest of the group and get an early start. Participants are responsible for booking their own hostel bed. If you try to book and there is no availability then contact the coordinator to see if she has any extra beds.

Landslide Lake and Lake of the Falls Backpack via Pinto Staging Area (David Thompson Country) - 2 nights July 25-27

~40-45 kms total over 3 days with elevation gain of 700-1000 meters (see note)

Hard backpack

Leave Red Deer early Friday morning. Hike ~16 kms and ~750 meters into Landslide Lake and stay for 1 night. On Saturday we will pack up and hike ~10km to Lake of the Falls. Sunday we will hike out ~15 kms and head home. No bear lockers or poles are provided at either of these campgrounds so bear canisters and/or Ursacks will be required for storing food and other scented items. Please don't hesitate to contact coordinator if you have any questions. Everyone will be required to have an Alberta Public Lands Camping Pass.

*Note: There are conflicting resources for both the distance and elevation gain to both Landslide and LotF. I have not done this trail so I am uncertain of exactly what we will encounter but am inclined to believe the David Thompson Hiking Guide stating Landslide is 15 kms in and 650 meters elevation.

Morning Paddle - Petro Beach

August 3

Chill paddle along the shore of Sylvan Lake. I'll be on a SUP board but anyone with a paddle is welcome.

Mt. Allen/Centennial Ridge (Kananaskis)

August 9

16 kms with 1400 meters elevation

Hard hike

Out and back starting from the Ribbon Creek trailhead. This is an unrelenting climb that leads into the high alpine above Nakiska Ski resort with spectacular views. This trail was built by the Calgary Rocky Mountain Ramblers to commemorate Canada's 1967 Centennial and is touted as the highest maintained hiking trail in the Canadian Rockies. This trip will require good weather so will be cancelled and/or rescheduled if too hot or rainy. Kananaskis Conservation Pass required for each vehicle that we take.

Maximum 8 people

Farley Lake and Hummingbird Pass Backpack

Aug 22-24

This backpack is suitable for those with prior backpacking experience.

Aug 22: drive to trailhead and hike 16 km with 600 meters elevation into Farley Lake, the bulk of the elevation is over a 3 km stretch.

Aug 23: day hike from Farley Lake to Hummingbird Pass and back. This is 14.4 km with 365 meters elevation.

Aug 24: hike out 16 km to vehicles.

Maximum participants: 6 including coordinators.

Note: each participant requires a WIN card and a Public Lands Camping Pass.

Exploring Jasper and attending the Folk Festival (Sept 5,6)

Sept 1-7

Explore what Jasper has to offer via hiking, biking and kayaking/canoeing.

Join us for as many or as few days that you would like.

Activities to be determined by participants. Coordinators are staying in Whistlers Campground.
