

Indonesian Rice (one generous serving)

1 cup instant rice

3 tbsp instant bean soup mix

¼ cup unsalted sunflower seeds

3 tbsp currants

3 tbsp chopped dried apricots

2 tbsp chopped dehydrated apples

½ tsp cumin

½ tsp turmeric

Pinch cinnamon

Pinch ground coriander

Pinch cayenne pepper or crushed dried chilis

1 tsp dried cilantro

At home:

Combine all ingredients in a zip-locking bag.

In camp:

Boil 1 ¼ cups water. Add contents of bag and simmer for 5 minutes, stirring frequently.

Leftovers, if there are any, are good for breakfast.