

Fruity Couscous

Ingredients

- 2/3 cup couscous
- 1/4 cup dried chopped pineapple
- 1/4 cup ground freeze-dried blueberries
- 2 Tbsp ground freeze-dried bananas
- 2 Tbsp brown or raw sugar
- 1/2 tsp ground cinnamon
- 1 Tbsp or 1 packet oil (optional)
- 1 1/2 cups boiling water

Instructions

- At home: Place all ingredients (except oil and water) into a medium size FREEZER zip lock baggie.
- At Camp: Add boiling water and oil and stir. Place in a cozy and allow to sit, mixing occasionally, for about 10-15 minutes.